

<b>STEP</b>	<b>Activities by Healthcare Workers or Trained Facilitators</b>	<b>Sample Conversations</b>
<b>INITIATE</b>	- Identify beneficiaries - Introduce and normalise the ACP concept - Check for existing AMD; is it valid?	<i>We encourage all our patients to think about planning for the future. What do you understand/have been told about your illness? Any questions? What do you hope for?</i>
<b>EDUCATE</b>	- Explain ACP concept, advantages and limitations, available resources and documents - Encourage the selection of surrogate decision-makers - Check perceptions of CPR, ICU care and outcomes	<i>Who would you want to speak for you when you cannot? You can hope for the best but you must plan for the rest. A heart attack means the heart has stopped and has to be restarted. In someone who is dying, when the heart stops, it cannot be restarted.</i>
<b>DISCUSSION</b>	- Request the presence of the surrogate decision maker - Explore values related to death/dying, dependence, dignity, religious background, finances - Elicit goals of care (longevity vs quality, comfort, suffering) - Recommend treatment plans (optional) aligned with patient's values	<i>What would you like to do if time ran short? What trade-offs are you willing to make for added time? How much suffering would be acceptable for the sake of more time? May I suggest a treatment plan that allows you to work toward your goals?</i>
<b>DOCUMENT</b>	- Discussions to be documented in medical records - Ensure completed AMD copies are shared with all concerned (patient, surrogate, family, HCP) as per privacy norms	
<b>SUMMARIZE &amp; CLOSE</b>	- Use standard closing phrases, check for concerns - Revisit and review annually	<i>I know this has been a lot to discuss. You are brave to talk about this. I will be with you at every step. I'll check in with you once a year to see if the document still fits your wishes.</i>

Modified from : Butola S, Gursahani R. Advance care planning and the ethical obligation of death literacy as a public health initiative in India. Indian journal of medical ethics. 2024;9(4):308-12.